

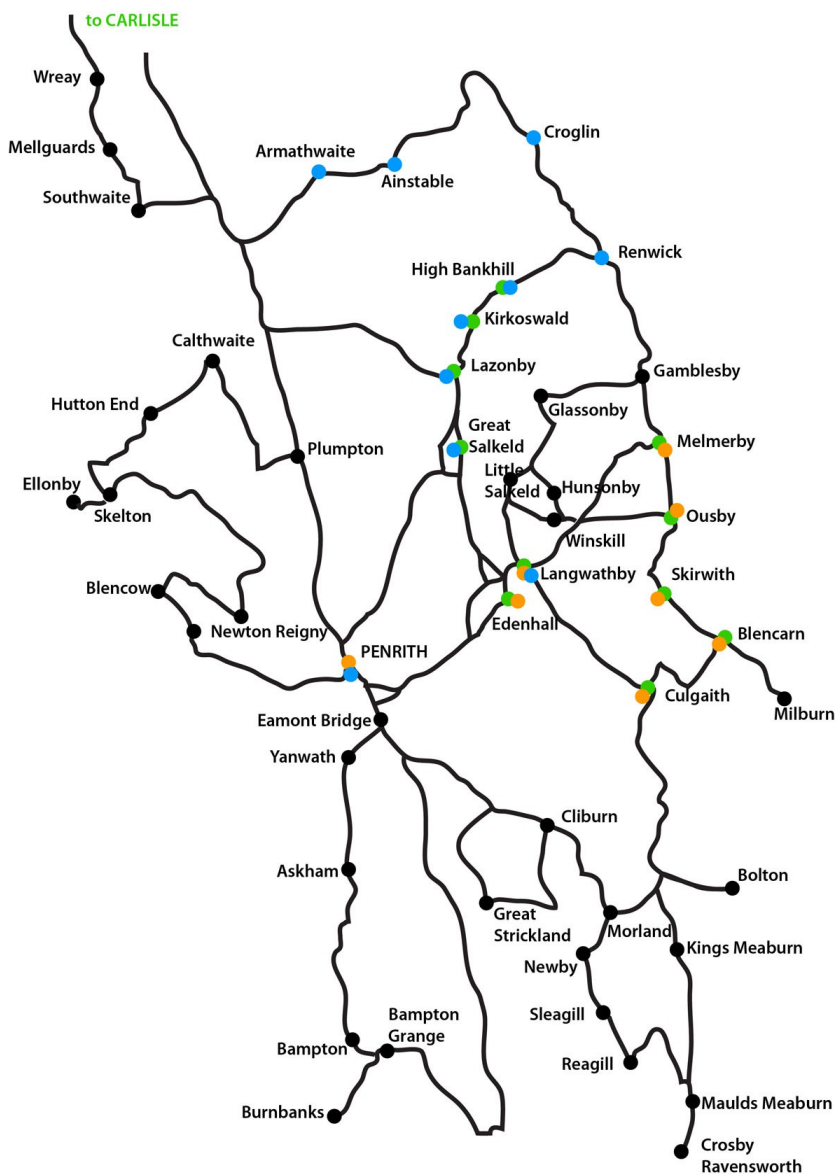
Fellrunner Bus

WEDNESDAY

TO CARLISLE	ROUTE 130	
	Out	Back
Langwathby BSh	09 00	16 16 <i>S</i>
Melmerby c	09 08	16 08 <i>S</i>
Ousby c	09 12	16 04 <i>S</i>
Skirwith c	09 17	15 59 <i>S</i>
Culgaith c	09 22	15 54 <i>S</i>
Langwathby arr	09 30	
Langwathby	09 33	15 46 <i>S</i>
Edenhall	09 37	15 42 <i>S</i>
Gt Salkeld	09 43	15 36 <i>S</i>
Highbankhill	09 53	15 26 <i>S</i>
Kirkoswald	09 55	15 24 <i>S</i>
Lazonby PO	10 00	15 19
Lazonby Town Hd	10 02	15 17
Carlisle Bus Stn	10 35	14 45
c change at Langwathby		

TO PENRITH	ROUTE 140	
Langwathby BSh	09 00	13 50 <i>S</i>
Melmerby	09 08	13 42 <i>S</i>
Ousby	09 12	13 38 <i>S</i>
Skirwith	09 17	13 33 <i>S</i>
Culgaith	09 22	13 28 <i>S</i>
Langwathby arr	09 30	
Langwathby dep	09 33	13 20 <i>S</i>
Edenhall	09 37	13 16 <i>S</i>
Penrith Health Ctr	09 46	**
Morrisons	09 50	13 04
Penrith Bus Stn	09 53	13 00

TO PENRITH	ROUTE 134	
Penrith Bus Stn	10 05	14 35 <i>S</i>
Armathwaite	10 25	14 55 <i>S</i>
Ainstable	10 30	15 00 <i>S</i>
Croglin	10 42	15 12 <i>S</i>
Renwick	10 48	15 18 <i>S</i>
Highbankhill	10 54	15 24 <i>S</i>
Kirkoswald	10 56	15 26 <i>S</i>
Lazonby PO	11 01	15 31 <i>S</i>
Gt Salkeld	11 05	15 35 <i>S</i>
Langwathby		15 42 <i>S</i>
Morrisons	11 18	
Penrith Bus Stn	11 22	



Notes:

Locations shown in *italics** will be visited only if requested the previous day.

Return journey times in *italics* and marked **S** are approximate and if no-one needs to be set down the stop may be omitted.

Anyone wishing to be picked up at these stops on the return journey should give notice, preferably the day before.

Wheelchair users should give 24 hours notice if possible.

** by arrangement with the driver